

# Do more in...

July  
2023

## **Dornoch Visitor Centre**

Monday–Friday: 11am–2pm

Dornoch Visitor Centre, Dornoch Hub, Argyle Street, Dornoch

For all your tourism needs come and visit us for information, brochures and a friendly chat about your trip.

You will also find our Visitor Information Point on Shore Road where you can find information in the centre of town.

For more information: [dornochvca@outlook.com](mailto:dornochvca@outlook.com)

## **Historylinks 5\* Museum**

Open Daily: 10:30am–4pm

Enjoy our Summer exhibition which includes a display about the life and work of local man Chris Murray QGM. The exhibition follows his career with the Royal Navy and as a Winchman with HM Coastguard Search and Rescue, Stornoway. Featuring footage of the rescue of 9 men from the fishing vessel The Hansa for which Chris was awarded The Queens Medal for Gallantry. Outside of the exhibition, the museum showcases the history of Dornoch from Vikings, witches, and the Clearances to golf, Skibo, the railway and everything in between.

Entry: Adults: £4.50 (Gift Aid £4.95) Concessions: £3.50 (Gift Aid £3.85) Children: Free.

For more information: [www.historylinks.org.uk](http://www.historylinks.org.uk) or call: 01862 811 275

## **Soft Play @ the Hub**

Mon-Thu: 9:30am to 5:30pm Fri-Sat: 9:30am-4pm Sun: 10:30am-3pm

Kyle of Sutherland Hub, IV24 3AQ

The Hub has a bespoke three-level indoor soft play centre for children aged 0-12 and a café serving baguettes/sandwiches with a variety of fillings, home baking, smoothies and milkshakes.

Café opening times: Monday – Saturday 9.30am – 4pm. Sunday 10.30am – 3pm. Drinks & snacks served until 6pm – Monday – Thursday.

Entry: £5 per child.

For more information: 01863 769 170

## **Davochfin Farm**

Daily 10am -10pm Daily - Last admission for rod hire at 7:45pm

One mile from the town centre, IV25 3RW

Fly & bait trout fishing, golf driving range, bug hunting (kits available from the cabin). All equipment can be hired.

Driving range £2 (2 x £1 coins), bug kits £2.50

For more information: [www.facebook.com/Davochfin](http://www.facebook.com/Davochfin)



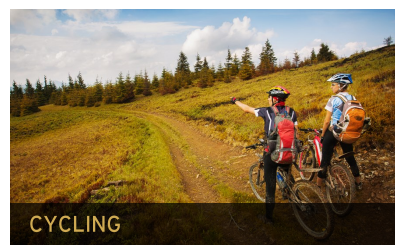
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ROYAL DORNOCH GOLF



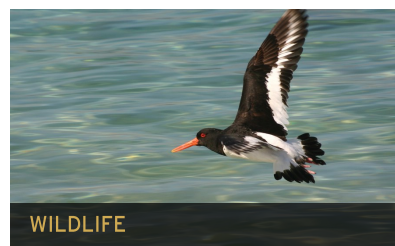
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## **Dornoch Pipe Band**

Saturday Nights: 8pm

Dornoch Square, Dornoch

The sound of bagpipes fill the streets of Dornoch as the Dornoch Pipe Band showcases their traditional Scottish music to locals and visitors alike. You can witness the captivating sound of bagpipes and drums as the band performs throughout the summer months.

Entry: Free

For more information: [www.visitdornoch.com/whats-on-in-dornoch/event/dornoch-pipe-band](http://www.visitdornoch.com/whats-on-in-dornoch/event/dornoch-pipe-band)

## **Makers Space Sessions**

Tuesdays: 10am - 12pm & 6pm - 8pm

Lairg & District Learning Centre, The Main Street, Lairg, IV27 4DD

Every Tuesday morning and evening The Centre will be open for crafty folks to come together to work on whatever project they have on the go.

Entry: £10 per month or £5 drop in rate

For more information: [www.eventbrite.co.uk](http://www.eventbrite.co.uk)

## **Youth Craft Workshop 11-15years**

Tuesdays: 6:30pm - 8:30pm

Dornoch Hub, Argyle Street

Weekly youth craft workshops for 11 - 15 year olds. Lots of crafting and a tonne of laughs!

Entry: Free

For more information: [youthcrafts@dornochhub.co.uk](mailto:youthcrafts@dornochhub.co.uk)

## **Dornoch Cathedral Welcome Sales Table**

Monday-Friday 10am - 3pm

Dornoch Cathedral, Dornoch

Visitors are welcome to come into the Cathedral. Printed guides are available in many languages and the volunteers are happy to answer any questions.

## **Whist Group**

Fortnightly on Tuesdays: 7:30pm

Royal Dornoch Golf Club, Golf Road, Dornoch

Join us fortnightly to play the great game of Whist - the simple trick taking game.

For more information: 01862 810219

## **East & Central Sutherland Citizens Advice Bureau**

Wednesdays 10am - 12pm

The Dornoch Hub, Argyle Street

Phone for an appointment: 01408 600 000

## **Home-Start @ the Hub**

Thursdays 13<sup>th</sup> & 27<sup>th</sup> July: 10am - 1pm

Dornoch Hub

Come and meet Leanne at the Hub and find out what Home-Start can do for parents with young children or if you would like to be a volunteer. The kettle will be on and there will be cakes to eat, why wouldn't you come along!

For more information: [www.facebook.com/homestarteasthighland](http://www.facebook.com/homestarteasthighland)

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## **The Tuesday Club**

Tuesdays: 10am–12pm

Community Room Hall, Dornoch Hub

Join us at the Hub for weekly catch ups. Some weeks it will just be a blether over a cuppa of what we've been up to, what's happening in the town or what's in the news. Other weeks we may have a theme, a quiz, a group visit or a speaker. The main thing we offer at our Tuesday Club is a bit of social contact and a chance to make new friends - something all of us who have been coming along over the last few months have thoroughly enjoyed.

Entry: Free

For more information: [manager@dornochhub.co.uk](mailto:manager@dornochhub.co.uk)

## **Family Summer Croft Sessions (Sutherland families only)**

Tuesdays in July: 2pm - 4pm

Lochview Rural Training Centre 19 Achfrish, Shinness, Lairg, IV27 4DN

Do you live in Sutherland, would you like to spend time on the croft, meeting the animals, playing games, making crafts and learning about growing your own food? We have secured some funding to help us to facilitate family sessions. You can either attend as one off sessions or book in for all 5 sessions the choice is yours. Over the summer holidays we will be running weekly sessions and our aim is to provide a safe fun place for you as a family to spend time and learn about life on a croft.

Tickets: £10

For more information: [www.eventbrite.co.uk/o/lochview-rural-training-56587739653](http://www.eventbrite.co.uk/o/lochview-rural-training-56587739653)

## **Summer Holiday's Paddle Boarding**

Saturdays in July: Various Times

The following are available: Mixed Session beginner session 6 spaces, £20 each, 11:30 - 12:30. Kids Beginner Sessions 6 spaces, £20 each, 13:15 - 14:15. Kids Mega sup play session 6 spaces, £20 each, 15:00 - 16:00. Private Lessons, £35 per head, 17:00 - 18:00.

For more information: [www.facebook.com/heavenbikes](http://www.facebook.com/heavenbikes)

## **Carboot/Tabletop Sale**

Saturday 1<sup>st</sup> July: 9:30am - 12:30pm

Dornoch Community Centre (Social Club), School Hill, Dornoch  
Throughout the summer months, we run our Tabletop & Craft Sale here at the Dornoch Community Centre. This is a great chance to get your hands on some great value items as well as some wonderful homemade goodies from arts and crafts, soaps, baking and some stunning photography. It's a great way to support local, reduce your carbon footprint and have a catch-up with your friends over a nice cuppa! We also have hot drinks, baked goods and bacon rolls to purchase.

Entry: Free

For more information: <https://www.dadca.org.uk/carbootsales.asp>



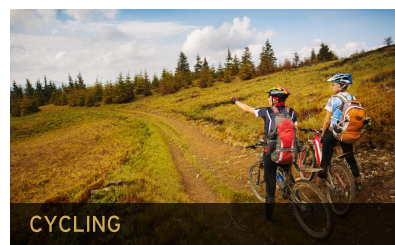
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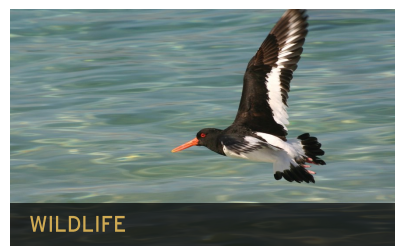
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## **Beach Clean for an Ice Cream!**

Sunday 2<sup>nd</sup> July: 11am – 12pm

Dornoch Beach Wheelchairs Shed, Dornoch Beach

Come on down to the Beach on Sunday 2nd July.

Collect a bag of rubbish, bring it to Dornoch Beach Wheelchairs shed and your reward will be a voucher for ice cream! Bags and gloves available at the shed.

For more information: [www.facebook.com/DornochBRIG](https://www.facebook.com/DornochBRIG)

## **Summer Fun, Fitness & Games**

Monday 3<sup>rd</sup> July: 12pm – 1pm

Kyle of Sutherland Hub, IV24 3AQ

Sports, games, challenges and many more fun activities for ages 3 – 12.

For more information or to book: 01863 769 170

## **Childrens Outdoor Basecamp**

Tuesday 4<sup>th</sup> & 11<sup>th</sup> and Thursday 13<sup>th</sup> July: 10am – 4pm

Aldie Burn, Scotsburn Road, Tain

The return of Basecamps at Aldie Burn. Bushcraft, woodland crafts, nature activities, free play and exploring for the over 8's.

Tickets: £32

For more information: 01549 402698

## **Childrens Outdoor Basecamp**

Thursday 6<sup>th</sup> & Tuesday 25<sup>th</sup> July: 10am – 4pm

Gunn's Wood, Main Street, Gruids, Lairg, IV27 4DD

The return of Basecamps at Aldie Burn. Bushcraft, woodland crafts, nature activities, free play and exploring for the over 8's.

Tickets: £32

For more information: 01549 402698

## **'Strictly Musical Talent' – The musical event of the summer**

Saturday 8<sup>th</sup> July: 7:30pm

Logie Easter Church, Kildary, IV18 0NZ

A variety of Scottish Traditional Music performers. With Cody Thompson, Accordionist, Jennifer Port Mod Winner, Clarsach [harp]. Richard Frosbrooke, Multi Instrumentalist Singer, Niamh Mercer and Fiddle Accompanist & Gaelic Singer, with two local Pipers.

The programme will be in two halves and each artist will play a selection in each half.

Note this is the line up is correct at time of print but will of course be subject to change due to illness or unforeseen circumstances. There will also be a grand prize raffle and refreshments.

Entry: £5

For more information: [www.facebook.com/groups/442667449116226/user/100083033905763](https://www.facebook.com/groups/442667449116226/user/100083033905763)



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## Make a Saw Horse

Saturday 8<sup>th</sup> July: 10am - 2pm

The Cabin @ Lairg & District Learning Centre, School House, Main Street, Lairg, IV27 4DD

Join our woodworking tutor, Graham Rennie, as he teaches you how to make a saw horse. This will be using recycled and reclaimed wood. You will use a variety of tools including a drill, sander, and jigsaw. This class is for those with all levels of woodworking skills, from beginner to intermediate. All materials and equipment will be supplied. This class will be held in The Cabin at Lairg and District Learning Centre. This activity is part of the Highland Community Waste Partnership which focuses on reducing food waste; tackling single use items, and more.

Tickets: £30 - £40

For more information: [www.eventbrite.co.uk/o/laireg-amp-district-learning-centre-30464311808](http://www.eventbrite.co.uk/o/laireg-amp-district-learning-centre-30464311808)

## Foraging Workshop

Saturday 8<sup>th</sup> July: 9:30am - 11:30am

Gunn's Wood, Main Street, Gruids, Lairg, IV27 4DD

In this session you'll walk through Gunn's Wood learning about foraging, tree and plant identification and mindful walking. This class is for all ages! There is a nice gravel path but there will be a fair amount of walking with some steep sections. Emma will bring strong paper bags for collecting berries but participants should bring midge repellent and basket or tub plus any ID books they may have if they would like.

Entry: £5 - £10

For more information: [www.eventbrite.co.uk/o/laireg-amp-district-learning-centre-30464311808](http://www.eventbrite.co.uk/o/laireg-amp-district-learning-centre-30464311808)

## Graham Mackenzie 'The Dawning Tour'

Sunday 9<sup>th</sup> July: 8pm - 10pm

MacGregor's at the Ben Bhraggie Hotel, Golspie, KW10 6RS  
Highland Fiddler, Graham Mackenzie is joined by Mike McGoldrick and Innes Watson.

Tickets: £14

For more information: [www.eventbrite.co.uk](http://www.eventbrite.co.uk)

## The Great Glen Green Welly Garden Show

Monday 10<sup>th</sup> - Friday 14<sup>th</sup> July (with Family events on Friday 14<sup>th</sup> & Sunday 16<sup>th</sup> July) : 10am - 12:30pm

Dornoch Free Church of Scotland, Church Street, Dornoch

This holiday club is for primary age children (P1 - P7). It is an opportunity for children to learn more about Jesus through games, songs, fun and stories. Come for the whole thing, or just sign up for the days you are free!

Entry: £1 per day or £5 for the week (paid on entry)

For more information: [www.dornochfreechurch.co.uk](http://www.dornochfreechurch.co.uk)



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## **Muddy Boots Summer Holiday Club**

Weekly from Tuesday 11<sup>th</sup> July - Tuesday 8<sup>th</sup> August: 2pm - 4pm

Lochview Rural Training Centre 19 Achfrish, Shinness, Lairg, IV27 4DN

A block of 5 summer sessions based on the croft - children (7 - 11) will be involved with learning about the animals, growing food and flowers - lots of crafts and games to ensure they have a morning of fun. Based just outside Lairg on a working croft we have a range of animals - pygmy goats, pet sheep, pig and if you are lucky piglets, hens, horse to name a few. We will encourage all youths to get involved with looking after the animals and helping to feed them. We will also be busy in the polytunnel growing food for them to take home and explain the importance of local food. We will have a range of crafts and game activities also during the 5-week sessions. We aim to have FUN, FUN and more FUN!

Tickets: £50 (block of 5 x 2hr sessions.)

For more information: [www.eventbrite.co.uk/o/lochview-rural-training-56587739653](http://www.eventbrite.co.uk/o/lochview-rural-training-56587739653)

## **Mindful Doodling**

Tuesday 11<sup>th</sup> July: 2:30pm - 4:30pm

Lairg & District Learning Centre, Main Street, Lairg, IV27 4DD

Join this 2 hour mindful doodling class with Jo and de-stress. The goal of Mindful Doodling is to fully engage with your doodles in a meditative way. It requires slowing down, focusing on the paper and pen and doodling repeatedly with full intent. Thus, you become present in the moment. While other forms of art therapy like adult colouring books may provide an outlet for stress relief, doodling allows the doodler to find calm in a way that doesn't require staying within the lines.

Entry: Free (Booking required)

For more information: [www.eventbrite.co.uk/o/lairg-amp-district-learning-centre-30464311808](http://www.eventbrite.co.uk/o/lairg-amp-district-learning-centre-30464311808)

## **Dornoch Community Market**

Wednesday 12<sup>th</sup> July: 9:30am - 1pm

Cathedral Green, Dornoch

Come and browse up to 30 stalls with homegrown produce, plants, arts & crafts, baking, charcuterie, butcher meat, artisan bread, cheese, jewellery, gifts & clothing. Bacon rolls, tea & coffee.

For more information or to book a stand telephone 01408 641469 or email [whalinghq@gmail.com](mailto:whalinghq@gmail.com)

## **Dornoch Cinema Club**

Friday 14<sup>th</sup> July: 7pm

Dornoch Community Centre (Social Club), School Hill

The cinema club meets monthly at the Dornoch Community Centre. The rules of membership and licensing mean the film cannot be promoted but a poster is displayed on the Community Centre notice board. With raffle.

For more information: [www.dadca.org.uk](http://www.dadca.org.uk)

## **Charity Tractor Run**

Saturday 15<sup>th</sup> July: 10am

Dornoch Square

Organised by Cath MacAngus in memory of her late husband Gary, this annual event raises funds split between the Chest Heart and Stroke Scotland and Macmillan. In 2019 over £10k was raised! Starting in Dornoch Square at 10am, the tractors complete a 53 mile round trip from Dornoch, through Rogart, Lairg, Invershin and back to Dornoch.

For more information: [www.visitdornoch.com/whats-on-in-dornoch/event/charity-tractor-run](http://www.visitdornoch.com/whats-on-in-dornoch/event/charity-tractor-run)

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## July 2023

### **Tain Community Market Day**

**Saturday 15<sup>th</sup> July: 10am - 2pm**

Rose Gardens, Tain, IV19 1AA

An open-air Community Market Day in the Rose Garden in Tain. One of Scotland's oldest market towns. Stallholders will be selling local food products, arts & crafts. Join in the fun!

Entry: Free

For more information: [www.easterrosspeninsula.com/events](http://www.easterrosspeninsula.com/events)

### **Tain Community Beach Clean**

**Monday 17<sup>th</sup> July: 2pm - 3pm**

Tain Beach - Meeting at Carpark by the Links (w3w: perfumes.baseline.smarting)

Come along for a beach clean and take part in our long-running citizen science project Beachwatch, with Marine Conservation Society in Tain. We will be down on the shore removing marine litter from the beach and recording vital information on this litter that will be used on a national scale to bring change in our legislation. Please bring sturdy footwear and appropriate clothing as the weather can quickly change, all other equipment provided.

Entry: Free (Booking required)

For booking: <https://www.mcsuk.org/beach-cleans/tain-beach-clean-17-07-2023>

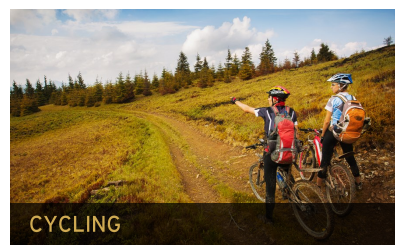
### **Wave Maker Wednesday**

**Wednesday 19<sup>th</sup> July: 9:30am - 4pm**

Lairg & District Learning Centre, Main Street, Lairg, IV27 4DD  
Sutherland Girls on Boards and Lairg & District Learning Centre have teamed up to create two wellbeing days for girls (8 - 18) in Sutherland this summer. Throughout the day you'll take part in a Paddleboarding session at Loch Shin and an upcycling craft workshop at LDLC. No paddleboard experience is needed to take part but we do ask that you can swim. We will go over the basics to make sure you're comfortable on a board. You don't need to own any equipment, we will provide that for you. This includes the paddle boards, buoyancy aids and wetsuits. As the weather in the Highlands can be very unpredictable the paddleboarding part of the session may be subject to changes if it's too windy, however there will be a back up plan in place for both days if we are impacted. Lunch will also be provided so please make us aware of any dietary requirements or allergies in your booking form.

Entry: Free - places are limited.

For more information: [www.eventbrite.co.uk/o/lairg-amp-district-learning-centre-30464311808](http://www.eventbrite.co.uk/o/lairg-amp-district-learning-centre-30464311808)





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## **Food & Drink Feastival**

Wednesday 19<sup>th</sup> July: 5pm - 9pm

Duthac Centre Carpark, Shandwick Street, Tain, IV19 1DY

This outdoor Feastival is held during the summer months of June, July and August - with a range of different food & drink stalls from across the region, for you to enjoy. June's Feastival is set on the grounds of the Duthac Centre, in Tain - the Peninsula's market town and one of the oldest Royal Burgh's in Scotland. There will be a seated area available. The Feastival is for both locals and visitors to the Peninsula and is free to enter. Vendors will be selling food and drink. All welcome!

Entry: Free

For more information: <https://easterrosspeninsula.com/events/food-drink-feastival-2/>

## **Meet the Author - Helen Sedgwick**

Wednesday 19<sup>th</sup> July: 6pm

Pipers Coffee House, 25 Lamington Street, Tain, IV19 1AA

Local author Helen Sedgwick will be giving a talk about her trilogy - When the Dead Come Calling, Where the Missing Gather and What Doesn't Break Us. Followed by a Q&A session and book signing.

For more information: [www.easterrosspeninsula.com/events](http://www.easterrosspeninsula.com/events)

## **Monthly Quiz Night**

Friday 21<sup>st</sup> July: 7:30pm (7pm Doors)

A fun evening for all with Cash prizes & Spot prizes. You don't need to be Brain of Britain for this (although it could help), just be up for a good night out! Max team size - 4. We will make up teams if you are fewer or alone. Refreshments included (BYOB).

Entry: £5 - Profits go to support local good causes

For more information: [www.dadca.org.uk](http://www.dadca.org.uk)

## **Kite Fest**

Friday 21<sup>st</sup> July: 1pm - 3pm

The Meadows, Dornoch

Free family event, everyone is welcome. We'll have kites, bubbles, crafts and fun! Kites will be provided - one per family. Optional rain/no wind date on Saturday 28<sup>th</sup> July (same time).

For more information: [www.facebook.com/cycdornoch](https://www.facebook.com/cycdornoch)

## **Ballone Family Fun Highland Games**

Saturday 22<sup>nd</sup> July - Saturday 29<sup>th</sup> July

Ballone Castle, Portmahomack

Join us for the Family Fun Highland Games at Ballone Castle. Enjoy a whole host of activities during the week long Portmahomack Gala including: Baking Competition, BBQ, Pet Competition, Children's Sports, Field Events, Tug of War, Welly Toss, Beer Tent, Bouncy Castle, Skiff Race, Highland Dancers, Sack over the bar, Shot Putt, Various Races (Inc family fancy dress race) and more events still to be announced.

For more information: [www.portmahomack.org/portmahomack-gala](http://www.portmahomack.org/portmahomack-gala)



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## Charity Garden Opening - Skelbo House

Saturday 22<sup>nd</sup> & Sunday 23<sup>rd</sup> July: 11am - 4pm

Skelbo House, Skelbo, Dornoch, IV25 3QG

Extensive woodland garden with spectacular views over Loch Fleet. Mixed herbaceous borders, rose garden and shrubberies surround the house. Lawns slope down to a small lochan and river walkway. Mature trees throughout. Large kitchen garden. This is a fundraising event for the open garden charity Scotland's Gardens Scheme which raises money for hundreds of local charities.

Entry: Adults, £5. Children: Free (Please help our Garden Owners by bringing cash to our open days)

For more information: [www.scotlandsgardens.org/skelbo-house](http://www.scotlandsgardens.org/skelbo-house)

## Golspie Community Market

Saturday 22<sup>nd</sup> July: 10am - 2pm

Fountain Road Hall, Golspie, KW10 6TH

Various stalls, free admission, refreshments available - all welcome!

Entry: Free

## Sutherland County Show

Saturday 22<sup>nd</sup> July: 10am - 6pm

Dornoch Links, Dornoch

Each year the County Show is held on Dornoch Links. The Show is a spectacle with a whole range of attractions and entertainments for the whole family. The heart of the Show is the Livestock Section which showcases the excellent cattle, sheep, goats, horses and ponies from across the Highlands. A Food Fair, Fun Fair, dog show, sheepdog demonstration, vintage vehicle exhibition, terrier racing, pipe band, children's races, horses and ponies, flower show and spectacular main ring events combine to make a memorable day which is rounded off with the marquee dances.

For more information: [www.visitdornoch.com/whats-on-in-dornoch/event/sutherland-county-show](http://www.visitdornoch.com/whats-on-in-dornoch/event/sutherland-county-show)

## Art Exhibition

Saturday 22<sup>nd</sup> July - Sunday 30<sup>th</sup> July: 10:30am - 4pm Daily

Logie Easter Church, Kildary, IV18 0NZ

Paintings and sculpture for sale by many Highland artists. Tea Room also open. In support of Logie Easter Church.

For more information: [www.facebook.com/profile.php?id=100064446742213](https://www.facebook.com/profile.php?id=100064446742213)



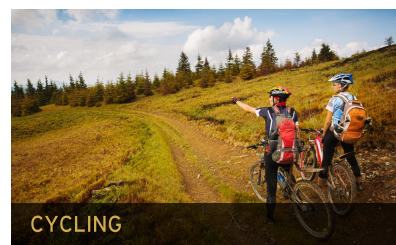
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## **Sup & Sew Sunday**

Sunday 23<sup>rd</sup> July: 9:30am - 4pm

Lairg & District Learning Centre, Main Street, Lairg, IV27 4DD

Sutherland Girls on Boards and Lairg & District Learning Centre have teamed up to create two wellbeing days for women (18+) in Sutherland this summer. Throughout the day you'll take part in a Paddleboarding session at Loch Shin and an upcycling craft workshop at LDLC. No paddleboard experience is needed to take part but we do ask that you can swim. We will go over the basics to make sure you're comfortable on a board. You don't need to own any equipment, we will provide that for you. This includes the paddle boards, buoyancy aids and wetsuits. As the weather in the Highlands can be very unpredictable the paddleboarding part of the session may be subject to changes if it's too windy, however there will be a back up plan in place for both days if we are impacted. Lunch will also be provided so please make us aware of any dietary requirements or allergies in your booking form.

Entry: Free - places are limited.

For more information: [www.eventbrite.co.uk/o/lairg-amp-district-learning-centre-30464311808](http://www.eventbrite.co.uk/o/lairg-amp-district-learning-centre-30464311808)

## **Brora Carnival Week**

Sunday 23<sup>rd</sup> July - 30<sup>th</sup> July

Brora

A week full of fun events and activities for the whole family to enjoy. Carnival week is a fun packed week for all of the family. Each year Carnival week is a great way to spend your holidays. We provide a great variety of activities and events for all ages to attend.

For more information: [www.facebook.com/broracarnivalweek](http://www.facebook.com/broracarnivalweek)

## **Sutherland Walkers: John o'Groats Trail: Badbea to Dunbeath. OS 17 088 201**

Sunday 23<sup>rd</sup> July: 10am

Meet at Dunbeath Heritage Centre - OS 17 158 296.

An approx. 11.26km/7 miles, one way walk. Optional self-guided shorter walk from Badbea to Berriedale and return. Approx. 6.5km/4 miles.

A car share is available with the following stops: Bonar Bridge P.O: 8:30am. Golspie 9am. Brora Co-op: 9:15am. (£5 contribution for car share).

Cost: Annual Membership: £10 for adults (free for under 16's). No charge is made for the initial two walks.

For more information: Ken McElroy, JOGT Trail: 07528 675774

## **Dornoch Community Market**

Wednesday 26<sup>th</sup> July: 9:30am - 1pm

Cathedral Green, Dornoch

Come and browse up to 30 stalls with homegrown produce, plants, arts & crafts, baking, charcuterie, butcher meat, artisan bread, cheese, jewellery, gifts & clothing. Bacon rolls, tea & coffee.

For more information or to book a stand telephone 01408 641469 or email [whealinghq@gmail.com](mailto:whealinghq@gmail.com)

## **East Sutherland Art Society Exhibition**

Wednesday 26<sup>th</sup> July - Friday 4<sup>th</sup> August

Fountain Road Hall, Golspie, KW10 6TH

The Summer Exhibition will be in Fountain Road Hall in Golspie from 26th July - 4th August 2023.

The main aim of the Society is to promote art and learning among our members who are mainly residents of East Sutherland and nearby areas.

For more information: [www.facebook.com/profile.php?id=100066275300100](http://www.facebook.com/profile.php?id=100066275300100)

# Do more in...

## July 2023

### Microgreens and Indoor Gardening

Thursday 27<sup>th</sup> July: 6:30pm - 7:30pm

Pipers Coffee House, 25 Lamington Street, Tain, IV19 1AA

Have you heard about our new monthly FOOD CONVERSATIONS in Tain? On the last Thursday of every month we get together at Pipers Coffee House from 6:30-7:30pm to talk about growing your own food! Hosted by our lovely James, we have a topic to discuss for the night but conversation is free-flowing and you can bring your growing questions for the group. On the 27<sup>th</sup> of July our topic is "Microgreens and Indoor Growing", focussing on chatting about what microgreens are, how to get started growing them, and things we can grow indoors for folks who don't have a garden or struggle to go outdoors.

For more information: [www.eventbrite.com/o/fearn-free-food-garden-66280678573](http://www.eventbrite.com/o/fearn-free-food-garden-66280678573)

### A Night of Live Music With Ruairidh Gollan, Megan Macdonald and Kaitlin Ross

Friday 28<sup>th</sup> July: 7:30pm

Rogart Mart, Rogart

We are so excited to announce a night of live music from three very talented local musicians, coming here, to Rogart Mart! A wonderful evening of live fiddle, accordion and guitar music, put on for us, at the Mart by an incredibly talented trio of local musicians.

Collectively from East Sutherland and Easter Ross, friends, Ruairidh Gollan (fiddle), Megan MacDonald (accordion) and Kaitlin Ross (song and guitar) collaborate together for the first time to bring you an evening of their favourite tunes and songs from across Scotland and beyond. There will be everything from traditional Gaelic songs to classic pipe 2/4 marches! Hailing from Lairg and Fearn respectively, Megan and Kaitlin are both members of the band, Eabhal. Ruairidh, brought up and living in Edderton, teaches and gigs across the Highlands and works regularly with Fèis Rois.

Tickets: £10

For more information: [www.eventbrite.com/o/rogart-development-trust-66667316223](http://www.eventbrite.com/o/rogart-development-trust-66667316223)

### Golspie Gala Week - 50<sup>th</sup> Anniversary Crowning

Saturday 29<sup>th</sup> July: 6pm - 7pm

Golspie Highschool Grounds, Golspie, KW10 6RF

Official opening of the 50<sup>th</sup> Golspie Gala Week and Crowning of the 2023 Gala Queen Mea Macleod and her attendants Chelsea Morrison and Tyler Oglesby by our previous Gala Queen Rhiann Sutherland.

Golspie Gala week for follow.

Performances and acts TBC.

Entry: Free



FAMILY FUN AT HISTORYLINKS



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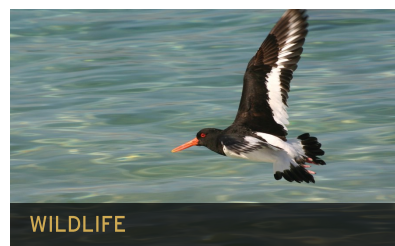
SCENERY



CYCLING



DELICIOUS FOOD



WILDLIFE