

# Do more in...

## January 2023

### **Dornoch Visitor Centre**

Monday–Friday: 11am–2pm

Dornoch Visitor Centre, Dornoch Hub, Argyle Street, Dornoch  
For all your tourism needs come and visit us for information,  
brochures and a friendly chat about your trip.

For more information: [dornochvca@outlook.com](mailto:dornochvca@outlook.com)

### **Children's Softplay Centre**

Mon–Thu: 9:30am to 5:30pm Fri–Sat: 9:30am–4pm Sun: 10:30am–3pm

Kyle of Sutherland Hub, IV24 3AQ

The Hub has a bespoke three-level indoor soft play centre for children aged 0-12 and a cafe with a choice of savoury snacks, home baking, hot drinks and smoothies.

Entry: Term time up to 2pm: £3.50 otherwise £4.50

For more information: 01863 769 170

### **Young Curators' Club**

Wednesdays during term time: 5 pm - 7 pm

Dornoch Community Centre, School Hill, Dornoch

Come and join us at the Young Curators Club. We will have games, storytelling and exploring!

Ages 8 to 12. Refreshments are provided.

Entry: Free. For more information call: 01862 811 275

### **Youth Club (11 Years–16 Years) - Term Time**

Mondays or Wednesdays: 6:30pm–8:30pm.

Dornoch Hub, Argyle Street, Dornoch

Come along on Mondays & Wednesday's throughout the month for something different every week!

Cost: Free - Supported by the National Lottery. Booking essential. Limited to 10 youths.

For more information & to book: [www.eventbrite.co.uk/o/dornoch-hub-45328815033](http://www.eventbrite.co.uk/o/dornoch-hub-45328815033) or email: [dornochvca@outlook.com](mailto:dornochvca@outlook.com)

### **Makers Space Sessions**

Tuesdays: 10am - 12pm & 6pm - 8pm

Lairg & District Learning Centre, The Main Street, Lairg, IV27 4DD  
Every Tuesday morning and evening The Centre will be open for crafty folks to come together to work on whatever project they have on the go.

Entry: £10 per month or £5 drop in rate

For more information: [www.eventbrite.co.uk](http://www.eventbrite.co.uk)

### **Whist Group**

Fortnightly on Tuesdays: 7:30pm

Royal Dornoch Golf Club, Golf Road, Dornoch

Join us fortnightly to play the great game of Whist - the simple trick taking game.

For more information: 01862 810219



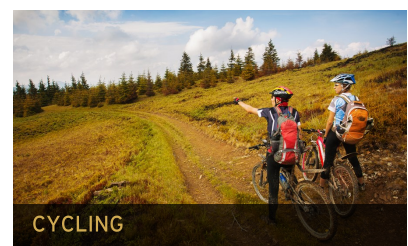
FAMILY FUN AT HISTORYLINKS



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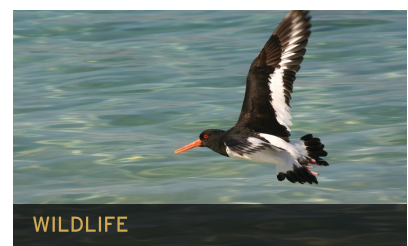
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## **Warm Spaces @ Dornoch Library**

Mondays: 10am–12pm

Community Room Hall, Dornoch Hub

As part of the Warm Spaces initiative, join us at the library. Entry: Free

## **Warm Spaces: Coffee Mornings @ Dornoch Hub**

Tuesdays: 10am–12pm

Community Room Hall, Dornoch Hub

Join us at the Hub for weekly coffee mornings. Entry: Free

## **Warm Spaces @ West Church Hall**

Wednesdays: 11am–3pm

Community Room Hall, Dornoch Hub

For anyone who needs a place to sit, chat, read or just spend some time in a friendly warm space.

Entry: Free

## **Warm Spaces: Living Room**

Thursdays: 12pm–3pm

Dornoch Free Church

Come along for a cuppa and to warm up. Entry: Free

## **Warm Spaces @ Dornoch Community Centre (Social Club)**

Fridays: 10am–12:30pm

Dornoch Community Centre (Social Club)

A social space open to all in the community throughout the winter months offering tea & coffee and soups & snacks. A family friendly session is running alongside the Warm Space with plenty of fun activities for babies and young children with an opportunity for parents/carers to meet and socialise.

Entry: Free

## **Lunch Club**

Thursdays: 11am - 1pm

Dornoch Hub, Dornoch

Every Thursday from 11am to 1pm why not join Yvonne to learn or refresh basic cookery skills using ingredients predominately sourced from the Zero Waste Food Hut at The Hub. Then enjoy eating lunch together. Participation is encouraged, please bring an apron with you if you have one. If you do not wish to stay to eat, please feel free to take home your lunch with you. It is very important any known allergies are advised prior to the session. There are two types of tickets available, Just Eat from 12.15-1pm, and Help, Prep and Eat from 11-1pm.

Tickets: Free. Booking essential. (Supported by the National Lottery Community Fund. )

For more information: [www.eventbrite.co.uk/o/dornoch-hub-45328815033](http://www.eventbrite.co.uk/o/dornoch-hub-45328815033)

## **Golspie Bothy Led Rides**

Throughout January

Various areas

"Led rides" are sociable, risk assessed rides on easy terrain. They are approximately 6–12 miles and we only go at the speed of the slowest rider. We will be stopping for a drink and snack along the way. Before your first initial ride, we will need to arrange a quick training session with you to ensure you are able to ride side by side then changing to single file within a group.

For more information: Amanda Wagstaffe: 07833 938938 or [Amanda.wagstaffe@cyclinguks.org](mailto:Amanda.wagstaffe@cyclinguks.org)

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## January 2023

### **Davochfin Farm**

Daily 10am -4pm (Nov - March)

One mile from town centre, IV25 3RW

Fly & bait trout fishing, golf driving range, bug hunting (kits available from the cabin). All equipment can be hired.

Driving range £2 (2 x £1 coins), bug kits £2.50

For more information: [www.facebook.com/Davochfin](https://www.facebook.com/Davochfin)

### **Monthly Quiz Night**

Saturday 21<sup>st</sup> January: 7:30pm (7pm Doors)

A fun evening for all with Cash prizes & Spot prizes. You don't need to be Brain of Britain for this (although it could help), just be up for a good night out! Max team size - 4. We will make up teams if you are fewer or alone. Refreshments included (BYOB).

Entry: £5-Profits go to support local good causes

For more information: [www.dadca.org.uk](https://www.dadca.org.uk)

### **Body in Construction**

Monday 9<sup>th</sup> January Start

Silverback Gym, Dornoch Hub, Dornoch

Our six-week strength & functional fitness block 'body in construction' is back. So far, we have had 100% of the group returning to the block so spaces are now limited. One space is available for Dornoch which are fully funded through silverback mind. If you're looking for a change up in training, lots of help and support to take the step, accountability or just to bring some fun back into your training to move forward this 6-week block would be perfect for you. Or if you or someone you know is struggling with their mental health and you think this might help, please get in touch.

For more information: 07947 849961 or Ruth: 07947 849962 (between 8am - 8pm)

### **Film night**

Friday 13<sup>th</sup> January: 7:30pm

Bonar Bridge Community Hall, Lairg Rd, Bonar Bridge, Ardgay IV24 3EA

Come along to watch a WW2 film about two remarkable intelligence officers who devised the most inspired and improbable disinformation strategy of the war - centred on the most unlikely of secret agents, a dead man. Language: English, Spanish / 2h 12m / BBFC 12. All welcome.

Entry: £2 suggested donation (tea & coffee included)

For more information: [www.facebook.com/KyleofSutherlandCinemaClub](https://www.facebook.com/KyleofSutherlandCinemaClub)



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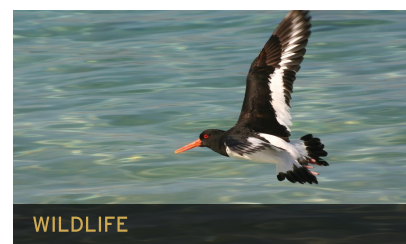
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## **Heirloom Sewing Circle**

Thursday 19th January: 6pm - 10pm

Othin House, Dunrobin Street, Helmsdale, KW8 6JX

Coming together to sew Heirloom quilts, counterpanes and hangings. Working to create one piece at a time, this is Slow Stitching at it's best. Novices to experts all sewing and creating family history.

For more information: [www.facebook.com/othinhouse](https://www.facebook.com/othinhouse)

## **Sutherland Walkers Group**

Sunday 22nd January: 10:30am (The River Bothy, Berriedale car park)

Langwell and Berriedale Waters circular. OS 17 118 228. Walk A: Approx. 150m / 492ft. climb up the Langwell Water, across the moor and back down Berriedale Water. Approx. 9.65 km / 6 miles. Could be extended up the valley of Berriedale Water and return. Mainly tracks and small footpaths.

Walk B: Self-guided short walk on metalled driveway and broad grass track up Langwell Water, then back past Langwell House. 110m / 360ft. climb. 4km / 2.5 miles. Could be extended further up the Langwell Water and return. Both walks coincide for the first mile.

A car share is available with the following: Bonar Bridge PO: 9am, Golspie: 9:30am, Brora Co-Op: 9:45am (£5 contribution for car share).

Cost: Annual Membership: £10 for adults (free for under 16's). No charge is made for the initial two walks.

For more information: 01408 621370

## **Portmahomack Winter Swim**

Sunday 22nd January: 10am

Winter swim at Portmahomack beach

For more information: [www.facebook.com](https://www.facebook.com)

## **Living Better Dornoch**

Wednesday 25th January: 2pm - 4pm

West Church Hall, Dornoch

Our Living Better Peer Support groups are for anyone living with any long-term condition to meet for social contact and to develop their self-management skills.

For more information: Ruth Gomes on [lgowitruth@highlandtsi.org.uk](mailto:lgowitruth@highlandtsi.org.uk) or 07521 503144

## **Cocktails at Othin House**

Friday 27th January: 6pm - 10pm

Othin House, Dunrobin Street, Helmsdale, KW8 6JX

It is always a good time for Cocktails! Come and sample our mixologists' creations, you will not be disappointed!

For more information: [www.facebook.com/othinhouse](https://www.facebook.com/othinhouse)

## **Taste of Burns**

Friday 27th January: 7:30pm

Dornoch Community Centre (Social Club)

Join the Dornoch Heritage Society for their traditional entertainment and dinner.

Entry: £20

For more information: [thewildmeadows@yahoo.co.uk](mailto:thewildmeadows@yahoo.co.uk)



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### Film night

Friday 27<sup>th</sup> January: 7:30pm

Bonar Bridge Community Hall, Lairg Rd, Bonar Bridge, Ardgay IV24 3EA

Come along to watch a Scottish film nominated to two BAFTA Awards about the refugee experience, set on a fictional remote Scottish island where a group of new arrivals await the results of their asylum claims. It centres on a young Syrian musician who is burdened by his grandfather's oud, which he has carried all the way from his homeland. Language: English, Arabic / 1h 44m / BBFC 12.

All welcome.

Entry: £2 suggested donation (tea & coffee included)

For more information: [www.facebook.com/KyleofSutherlandCinemaClub](https://www.facebook.com/KyleofSutherlandCinemaClub)

### Comedy Night

Friday 27<sup>th</sup> January: 8pm

The Ben, Old Bank Road, Golspie, KW10 6RS

Grab a pint & enjoy a night filled with adult comedy entertainment with the Seriously Funny Comedy Show (promoted by Highland Castle Entertainment). The show's content was described by the Glasgow International Comedy Festival as 'good old-fashioned comedy'.

The show will be featuring hilarious local Highland Comedians including: Mike Hendry, Kieran Lockore, Hazel Urquhart, Matt Black & Joe Sweeney.

The Ben will also be offering a cocktail hour with canapés for a pre-show delight.

Tickets: £12 per ticket

For more information: 01408 633654

### Slow Cooker "Haybox" with Jo Henderson

Saturday 28<sup>th</sup> January: 11am - 3pm

Masonic Hall, Main Street, Golspie, KW10 6SN

Bring along any scraps of material and wadding, as Jo shows you how to make a Haybox at the Learning Centre. A haybox is a thermally insulated box/bag that utilises the heat of the food being cooked to complete the cooking process. This is a great way to reduce fabric waste.

Hay was initially used when making the box. Shredded newspaper, rice hulls even corn husks also work as long as it packs loose and creates air spaces. The air spaces trap the heat in the box, so the soup or stew cooks in its warmth.

Tickets: £25 - £30

For more information: 01549 402050 or email: [zoe@lairglearningcentre.org.uk](mailto:zoe@lairglearningcentre.org.uk)



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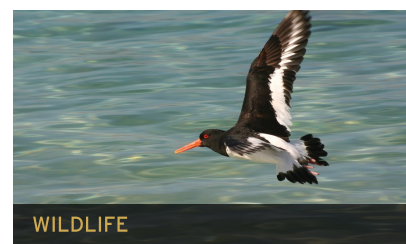
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### **Norrie MacIver in Concert**

Saturday 28th January: 7:30 (Door) for 8pm

MacGregors at The Ben, Golspie, KW10 6RS

Grab a pint, enjoy a night out with your friends and immerse yourself in

Join us for a live Scottish trad music concert with award winning front man of Skipinnish Norrie MacIver! Norrie MacIver is a singer songwriter from the Isle of Lewis who is currently the lead singer of Skipinnish. Norrie recently won Online Performance of the Year at last year's Trad Awards and released two new albums during lockdown. His latest album is a collection of original songs about Govan and it was recorded with the Glasgow Barons, an orchestra based in Govan. Norrie sings a selection of Gaelic and English songs which are influenced by his island upbringing.

Tickets: £20

For more information: [www.facebook.com/MacGregorsatTheBen](https://www.facebook.com/MacGregorsatTheBen)